



BASICS & BEYOND 2019
INTERNATIONAL CONFERENCE ON
PERINATAL HEALTH-NATURE AND NURTURE
ORGANISED BY AICC-RCOG SOUTH ZONE AND BANGALORE RCOG TRUST

Date:
16TH AND 17TH NOVEMBER
SATURDAY & SUNDAY

Venue:
NIMHANS CONVENTION CENTRE
NIMHANS, BANGALORE



Website www.aicccrcoogsz.com
www.blore-rcog.com



BASICS & BEYOND 2019

INTERNATIONAL CONFERENCE ON PERINATAL HEALTH- NATURE AND NURTURE



Namasthe!

Dear Colleague,

Welcome to Bangalore (now, Bengaluru) for a unique conference on Perinatal Health- Nature and Nurture. We have come a long way since David Barker proposed the effect of intrauterine environment in the causation of adult disease in the offspring. Today, there is a large body of evidence in literature linking maternal health, lifestyle and behaviour around pre-pregnancy, pregnancy and post partum period to the health of the offspring at birth and later in life.

This conference is not just about genes – DOHAD (Developmental Origin of Health and Disease)- but emerging evidences on intra-uterine foetal programming.

How is it relevant to an obstetrician?

- Understanding and modulating intra-uterine environment- Obstetrician's role in modifying maternal health care (pre-pregnancy, antenatal, intra and post-partum) to promote healthy human development.
- Helping couples in the journey to achieve a healthy progeny the conference aims to bring together renowned faculty who have done original research in this field.

Let us come together to **LEARN-PONDER-IMPLEMENT-ACHIEVE**
Let's give the best to get the best- it is time to change our obstetric care

Organising Chairpersons : Dr. Uma Ram | Dr. Latha Venkataram

Organising Secretaries : Dr. Aruna Muralidhar | Dr. Madhushree Vijayakumar

Workshops

The Modules are also thoughtfully planned selecting experts in the respective fields.

**Clinical Governance
and research
methodology**

**Perinatal Mental
Health and the effects
on the offspring**

**Perinatal
Trauma- Maternal
and Neonatal injuries
and consequences**

**Midwifery module
(with certification)**



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Highlights of the conference

**Should we obstetricians
change our pregnancy care?
Role in promoting
healthy humanity**

**Medications and chemicals
are they really safe?**

**David Barker to now
Concepts of DOHaD**

**No Stress
needs to be stressed**

**Omnipresent
microbiomes and
origins of health and disease**

**Early life origins of
mental health and
wellbeing**

**Paternal role in
offspring's health**

**Infection and
inflammation in
development and
programming**

**Maternal lifestyle
and progeny**

**Does it matter
How and when we deliver?
Issues to ponder**

**Micro-nutrients and
mal/mall Nutrition**

**Postpartum period
Early life nutrition
first 1000 days**



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Know your faculty

International



Prof. Jon Hyett
Sydney, Australia



Prof. Vasantha Padmanabhan
Michigan, US



Prof. Ponnusamy Saravanan
Warwick, UK



Prof. Mark Hanson
Southampton, UK

National



Prof. Yajnik
Pune



Dr. Evita Fernandez
Hyderabad



Dr. Prabha Chandra
Bengaluru



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Registration form

BASICS AND BEYOND 2019

Please use capital letters to fill the form

NAME : _____

H.NO.: _____ STREET _____

AREA : _____ CITY _____

STATE _____ COUNTRY _____ PIN _____

MOBILE NO. : _____ EMAIL: _____

DESIGNATION: _____

POSTGRADUATE, COLLEGE STUDYING IN _____

PGs must attach letter from Head of the Department

Registration Fees

Catagories	Early bird until 15th Sept	Regular 16th Sept to Oct 31st	Late & Spot After Nov 1st
Consultant (OBGYN, Paediatricians etc) (both conference and workshop)	₹5000	₹ 6500	₹9000
Conference only	₹4000	₹ 5000	₹8000
Alternative Medicine & General Medicine (both conference and workshop)	₹4000	₹ 5000	₹8000
Conference only	₹3000	₹ 4000	₹7000
Postgraduates (both conference and workshop is mandatory)	₹3000	₹ 4000	₹7000
Nurses (Midwifery workshop is mandatory, Conference Complimentary)	₹1000	₹ 1500	₹2500

- Cancellation policy:**
- If cancellation before October 15th, 50% will be refunded
 - No refund will be granted after November 1st

How to pay

By bank transfer to:
CANARA BANK
ASHOKA PILLAR BRANCH
ACCOUNT NAME: BASICS AND BEYOND
ACCOUNT NUMBER- 0428201001252
IFSC CODE: CNRB0000428

By Cheque / DD favoring
"Basics and Beyond"
Payable at Bengaluru

Please email the transaction details to: blorercog@gmail.com



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For more details contact:
Conference Secretariat
BASICS AND BEYOND- PERINATAL HEALTH- NATURE AND NURTURE
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(Behind Big Bazar), Bengaluru-560070
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